#### Partners

- Administration for Community Living 202.401.4634 / 800.677.1116 www.acl.gov
- National Association of Area Agencies on Aging (n4a)
  202.872.0888
  www.n4a.org
- Southeastern Association of Area Agencies on Aging (se4a) www.se4a.org
- Virginia Department for Aging and Rehabilitative Services (DARS) 804.662.7000 / 800.552.5019 www.vadars.org

#### A Program of V4A



The SMP Program utilizes trained volunteers and staff to act as educators in their communities by empowering caregivers and older adults to prevent, detect and report health care fraud.

To request an SMP presentation or report fraud, call **800.938.8885**.

## **CONTACT V4A**

24 E. Cary St. Suite 100 Richmond, VA 23219

Phone: 804.644.2804 Fax: 804.644.5640

www.vaaaa.org

info@thev4a.org





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Virginia Association of Area Agencies on Aging

@The\_V4A

## **CONTACT SMP**



Phone: 804.644.5628 Toll-free: 1.800.938.8885

# www.virginiasmp.com



info@thev4a.org

Virginia SMP

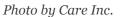


Virginia's Network for Healthy Aging

Our mission is to maximize the capacity of our member agencies to enhance the quality of life for all Virginians by enriching the lives of older adults, individuals with disabilities, caregivers and communities in need of supports and services.



AREA AGENCIES ON AGING an invaluable resource to older Virginians and their caregivers



#### Who We Are

### Virginia Association of Area

**Agencies on Aging (V4A)** is a private, nonprofit 501(c)(3) organization established in 1976. The Board of Directors is comprised of leaders of each of the 25 Area Agencies on Aging (AAAs) in Virginia. V4A:

- Takes positions on relevant state & federal initiatives
- Provides public education relevant to the needs of older Virginians
- Acts as a liaison between national and state organizations and the AAAs
- Serves as a link with the Virginia Department for Aging and Rehabilitative Services and other public and private organizations promoting aging issues
- Provides a network of information exchange among the AAAs
- Promotes training & education activities
- Provides opportunities for development of creative ideas, resources and discussion of potential solutions to problems faced by older Virginians

#### Principles

V4A believes that there should be resources necessary to maintain a range of locally determined support services for older Virginians and their families.

V4A believes these services should help supplement family care in the setting of choice with the assurance of quality.

V4A believes care of older adults is a family issue, impacting lifestyles, job performance and financial well-being.

#### What We Do

Advocate for the resources and policies that will allow its members to help provide the choices older adults need to lead meaningful lives.

**Improve** the capacity of its members to better serve and represent older adults and their caregivers through information, education, training and technical assistance.

**Promote** the critical roles AAAs play in helping older persons and their caregivers.

**Be a focal point** for its members in the development and implementation of a statewide system of home and community-based services and supports and long-term care, building upon the existing aging network.

**Facilitate** cooperative relationships among the aging network, other public agencies, and private sector organizations to develop an accessible and comprehensive system of services.



Visit www.vaaaa.org/25-area-agencies-on-aging to contact your local AAA

#### **Find Your Local AAA**

- 1. Mountain Empire Older Citizens, Inc.
- 2. Appalachian Agency for Senior Citizens, Inc.
- 3. District Three Governmental Cooperative
- 4. New River Valley Agency on Aging
- 5. Local Office on Aging, Inc.
- 6. Valley Program for Aging Services, Inc.
- 7. Shenandoah Area Agency on Aging, Inc.
- 8. A Alexandria Division of Aging & Adult Services
  - B Arlington Agency on Aging
  - C Fairfax Area Agency on Aging
  - D Loudoun County Area Agency on Aging
  - E Prince William Area Agency on Aging
- 9. Rappahannock-Rapidan Community Services
- 10. Jefferson Area Board for Aging
- 11. Central Virginia Alliance for Community Living, Inc.
- 12. Southern Area Agency on Aging
- 13. Lake Country Area Agency on Aging
- 14. Piedmont Senior Resources Area Agency on Aging, Inc.
- 15. Senior Connections The Capital Area Agency on Aging, Inc.
- 16. Healthy Generations
- 17/18. Bay Aging
- 19. Crater District Area Agency on Aging
- 20. Senior Services of Southeastern Virginia
- 21. Peninsula Agency on Aging, Inc.
- 22. Eastern Shore Area Agency on Aging -Community Action Agency, Inc.